

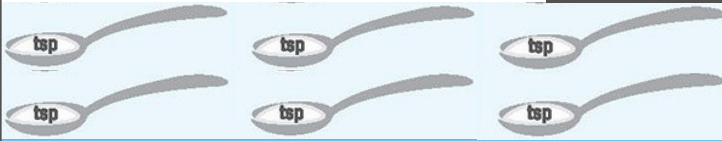
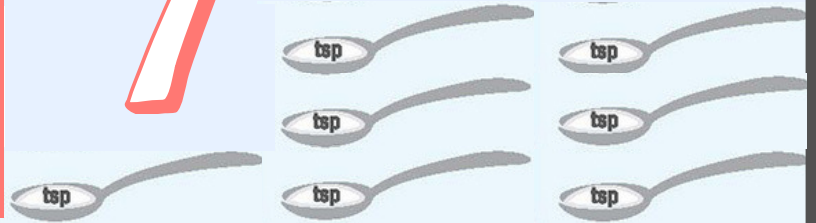
CUPCAKES

\$20

*Prices based on a classroom of 30 students



ONE CUPCAKE HAS ALMOST
7 TEASPOONS OF SUGAR!



Source American Heart Association statement:
Added Sugars and Cardiovascular Disease Risk in Children



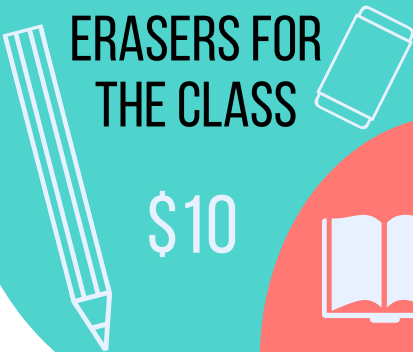
KIDS SHOULD HAVE LESS
THAN SIX TEASPOONS
OF ADDED SUGAR DAILY



HEALTHY CELEBRATIONS

To view LMUSD's Wellness Policy and resources visit <https://lmusdfood.com/schools/1532640973192/wellness/WellnessPolicy.pdf>

BRING COOL
PENCILS OR
ERASERS FOR
THE CLASS



\$10

BRING SPECIAL
ACCESSORIES
TO WEAR



\$5



\$10

DONATE A
FAVORITE BOOK
TO THE CLASS



\$0



CHOOSE A FUN
ACTIVITY FOR
THE CLASS

CUPCAKES

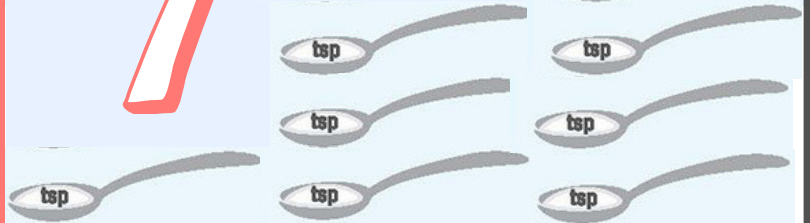
\$20



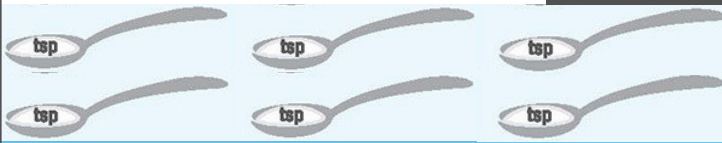
Precios basados en una
clase de 30 estudiantes

7

UN CUPCAKE TIENE CASI
CUCHARADITAS DE AZÚCAR!



LOS NIÑOS DEBEN TENER MENOS
DE SEIS CUCHARADAS
DE AZÚCAR AGREGADA
DIARIAMENTE



Source American Heart Association statement:
Added Sugars and Cardiovascular Disease Risk in Children



CELEBRACIONES SALUDABLES

Para ver la póliza de bienestar de LMUSD's y recursos, visite <https://lmusdfood.com/schools/1532640973192/wellness/WellnessPolicy.pdf>

TRAIGA
LÁPICES O
BORRADORES
PARA LA
CLASE



\$10

\$5
TRAER
ACCESORIOS
ESPECIALES
PARA USAR



\$10

DONE UN LIBRO
FAVORITO PARA
LA CLASE

\$0
ELIJA UNA
ACTIVIDAD
DIVERTIDA
PARA LA
CLASE

