



Photo: Courtesy of SLO County APCD

We care about healthy living in San Luis Obispo County. That is why we are concerned about climate change. Now is the time to come together as a community and talk about how climate change is affecting our well-being. The good news is, many actions that help limit climate change also improve the health of our families and community.

“I take climate change and health personally because I want a hopeful future for my children. My daughter loves riding her scooter to school. We go to SLO’s farmer’s markets to get the ripest produce as often as possible.”

- Dr. Penny Borenstein,  
Resident and SLO County Health Officer

### Climate Change Affects Our Health

Climate change is an important public health issue. While these impacts will touch all of us, children, pregnant women, seniors, people with chronic diseases (like heart disease and diabetes), outdoor workers and farmers, people living in poverty, and some communities of color are at greater risk.

Impacts on our health include:

- Heat illness and death (increasing temperature, heat waves)
- Respiratory illness (increasing temperature, air pollution, wildfire)
- Allergies from pollen, molds and air pollution
- Injuries, illness, death and mental stress (storms, disasters)
- Infectious and vector borne diseases (increasing temperature, rainfall)
- Water borne disease, water quality (drought, floods, contamination )
- Loss of housing and jobs, economic impacts

Climate change threatens our health now and will impact our way of life in the future. We can see some of these changes today across the United States and right here in SLO County, including:



Increased temperature



Rising sea level



Extreme storms



Decreased air quality



Wildfire



Drought

To learn more and get involved, go to:  
[healslo.com](http://healslo.com)

OutsideIn SLO is a partnership between San Luis Obispo County Public Health Department and the California Department of Public Health.

